

**Waste Not. Want Not.**  
**(We know we're sounding like your mom again.)**

You spent a lot of time making sure your WJ Southard Mattress was the right one for you. You may have spent hours testing it in the store. Maybe you even took a nap on it. And, quite possibly, you even interacted with our materials so you could physically see and feel what goes into each and every one of our beds.

You're human. And we know humans change their minds. But we simply cannot take your mattress back if you suddenly change your mind—and it's for good reason. We strive to have zero waste in every thing we do. A lot of time, energy and materials went into making your mattress. And if we were to take a mattress back every time a person changed his or her mind, it would fly in the face of our zero-waste policy. (And we really hate it when things fly in our faces). For that reason, we will only replace or fix your bed because of a structural defect and not the following reasons:

- **Height.** Last we checked, spontaneous growth/shrinking does not happen. If you one day decide your bed is too tall or too short, we cannot take it back.
- **Sheets.** We will not take your mattress back because your sheets do not fit. We recommend sheet sets and where to buy on our website.
- **Age.** We hate to be the one to tell you this, but you are getting older. As you age, your body will change. Unfortunately, your mattress won't change with you. What feels good today, might feel hard five years from now—and while we feel your pain (because we too are aging), we cannot cover that.
- **Sensitivities.** If at some point in time you think you may have developed a chemical sensitivity to your mattress remember this paragraph: your WJ Southard Mattress was made without chemicals and is as natural as sleep itself.

**Flammability**

Mattresses and box springs are tested together as sets. Mixing and matching mattresses and box springs will render the flammability tests void.

**Our 10-Year Guarantee.**

Many ask, why doesn't WJ Southard offer a lifetime guarantee? The answer is simple: with the exception of true love and diamonds, nothing lasts forever. And last we checked, you cannot make a mattress out of love alone; and a mattress made out of diamonds wouldn't be very comfortable. After 10 years, which is roughly 3,650 nights, or approximately 29,200 hours of unceasing sleep on one sleep system, you can imagine that your mattress might be exhausted at this point. And its materials may have aged so much, that it cannot give you the kind of support you need. (After 29,200 hours of work, you might not be able to do your job either.) And that's why we recommend purchasing a new mattress after a ten-year time period.

**Out with the Old.**

After your mattress has reached its natural life expectancy, return the materials to nature by recycling your mattress. Please contact us to find out more about a recycling program in your area.

We know you're itching to make up your bed, and crawl beneath the sheets (if we haven't already put you to sleep.) We apologize for the short delay, but appreciate your taking the time to read our care instructions and warranty. Sleep well.



SOUTHARD  
MATTRESS



Visit us online for more information about our products, philosophy, retailer locations and how our eco-friendly mattresses promote better sleep.  
WWW.WJSOUTHARD.COM



**WJ Southard Care & Warranty Information.**

(Or, bed time reading that will most certainly put you to sleep.)

WWW.WJSOUTHARD.COM



**SOUTHARD  
MATTRESS**

### **Thank you for purchasing a WJ Southard mattress.**

While we can't stop you from crawling into your new bed and taking a nap, we do recommend reading this in the first couple weeks of receiving your new bed. Following our care guidelines ensures your mattress will live up to its potential—and give you many undisturbed nights of the rejuvenating rest that will lead to more active days

### **The Honeymoon Stage.**

In the first four to five weeks, you and your mattress will get to know each other. The natural materials will respond to your body in a way that will make your mattress more comfortable. Gentle body impressions and subtle shifts are perfectly normal, but it will not affect the performance of your sleep system. The materials should conform to your body like a pair of shoes. Proper care will prevent normal body impressions from becoming sags and prolong your mattress' longevity.

### **Love your Mattress. It will Love you Back.**

Follow our care guidelines to make sure your mattress lives up to its fullest potential. If, for some unexplained reason (which as you know, many things in life happen for inexplicable reasons) your mattress falls apart, our 10-year guarantee will protect you.

### **But I Don't Want to go to Jail.**

Go ahead remove the law tag. It won't void the warranty and you won't go to jail. Although, you do look good in stripes.

### **Common Sense (For Some.)**

Please avoid the following things, which coincidentally will ruin your favorite Southard Mattress:

- Do not fold it, bend it, rip it...you get the point.
- Don't smoke in bed, burn candles in bed, or iron on your mattress.
- We hate to side with your mother on this, but your bed is not a trampoline. It isn't a breakfast table, either. (Although, we do think an occasional breakfast in bed can be quite enjoyable.)

### **Proper Support.**

While we don't force you to buy a box spring, like others, we do ask that you support your mattress, so it can support you. Adequate support helps to avoid structural damage and prevents your bed from sagging in the middle.

- Full, queen, split queen, king and California king size sets: Use a bed frame that supports head, foot and sides as well as a rigid center support. (On a free standing bed frame, it should have at least 5 legs with a rigid center support.)
- Bed with slats should have at least 5 five hardwood (i.e., oak or ash) slats (1 x 4's) with at least three sturdy legs touching the floor for center support.
- When placing your mattress on top of platform or wood slats, use a mattress pad over the slats. This will reduce wear on the mattress cover and impede the transfer of splinters.
- Regularly check all bolts, screws, legs, and castors regularly to make sure they haven't loosened.

### **Help My Bed is Possessed.**

Before you call in an exorcist, note that noises usually originate from the bed frame, headboard or footboard. Remove mattress and foundation from the bed. Check the frame by pushing down in several locations to locate the noise. If the noise cannot be located, replace the foundation on the frame and repeat the test. Finally, replace the mattress and repeat the test.

### **Maintaining Comfort.**

Rotating Instructions: Please rotate your mattress every three months to encourage even wear.



Flipping Instructions: If you have a two sided mattress, please flip every six months to minimize body impressions.



**Warning:** Look out for your back. Never flip or turn your mattress alone. It is a job for two.

### **Appearance.**

- Unless your WJ Southard is a custom size, use a standard-size washable mattress protector to keep the sleep system clean and free of odors.
- Should a liquid soak through your mattress protector, remove sheets and pads immediately.
- Wick away spots with a solution that is 1:3 parts white distilled vinegar and water. Spray solution on the spot, blot it with a cotton fiber and then expose it to direct sunlight until the spot fades and the mattress dries. Make sure mattress is thoroughly dry and free of cleaning solution before returning it to use.
- Never use detergent or a hard brush.
- Vacuum your mattress to remove dirt, dust, or lint.

### **Let it Breathe.**

- The fresh cotton-lanolin scent you detect comes from the aroma of the natural materials. Simply let the bed air out for a couple hours without any sheets, and the scent will subside.
- Once a month, strip all the sheets and mattress pad to allow the natural fibers in your mattress to breathe.
- Do not place your mattress on solid wood boards. An obstruction like this will not allow your bed to breathe, resulting in mold.